

They're Only Little Once:

Protect them **NOW** from a Lifetime of Mercury Harm

If we want only non-toxic toys in our children's hands, don't we want only non-toxic vaccines and dental fillings in their bodies?

If it's illegal to use lead in the paint you put on the walls of your nursery, does it make any sense to administer mercury (100 times more toxic than lead) directly into your child's body through a mercury-containing dental filling or vaccine?

Why Take the Chance?

Mercury exposure from dental fillings and vaccines is completely avoidable, so why risk it?

Consider:

Pregnant women are advised to avoid eating tuna and large fish for fear of mercury, but women often receive no warning at all about the higher mercury exposure they and their children, born and unborn, receive from dental fillings and vaccines which are placed directly into their body and/or the bodies of their children.

Their Health... in Your Hands



For more information, please contact:

**The Coalition for
Mercury-free Drugs (CoMeD)**
www.mercury-freedrugs.org

14 Redgate Ct.

Silver Spring, MD 20905

Contact: Rev. Lisa Sykes, (804) 276-7000

**International Academy of
Oral Medicine & Toxicology**

www.iaomt.org

8297 ChampionsGate Blvd., #193

ChampionsGate, FL 33896

Contact: Kym Smith, (863) 420-6373

To join the
Mercury Free Baby Movement, go to:
www.mercuryfreebaby.org

“Do You Want That **With**
or **Without** Mercury?”



*Insist on Mercury-free
Vaccines and Dental Fillings
For Yourself and Your Child!*

www.mercuryfreebaby.org

A Joint Campaign of:

The International Academy of Oral
Medicine and Toxicology (IAOMT)

and

The Coalition for Mercury-free Drugs
(CoMeD, Inc)

“Want a child as-healthy-as-can be?

Then, keep your baby mercury-free!”

You Have a Choice:

Mercury-containing
or Mercury-free!

Mercury is known to cause: miscarriage, deformities, mental retardation, infertility, attention and developmental disorders and cancer. The last place on earth mercury belongs is in a baby or a pregnant woman!

Mercury, whether inhaled as vapor from a mercury-containing dental filling (amalgam) or injected as part of a mercury-containing vaccine (Thimerosal), will travel to the brain. Since mercury is a neurotoxin, it harms the brain.

When a **pregnant woman** is exposed to mercury, from mercury-containing dental fillings or vaccines, it crosses the placental barrier and goes to her baby’s brain.

A toxic exposure in utero and / or in childhood can disrupt **your baby’s development** and cause health problems and disabilities that may last a lifetime, but—

you can protect yourself & your baby!

How to Tell the Difference

Dental Fillings

To tell if a dental filling is mercury-free, just look at its color:

Fillings which are white in color are made of resin (composite) and contain no mercury.

Fillings which are silver, dark gray or black in color contain mercury. They give off toxic fumes that are invisible and odorless. As this mercury vapor travels into the body, it builds up in various organs, such as the kidneys, where it can disrupt normal function. It also taints a mother’s breast milk, passing the toxicity onto her child.

Vaccines

Mercury-free vaccines contain no Thimerosal. They are often called “preservative-free”.

Mercury-containing vaccines, including many flu shots currently given in the US, can have as much as 25 micrograms of mercury per dose, 250 times the EPA standard for “hazardous waste.”

The package insert for these vaccines will list “Thimerosal” as an ingredient.

*INSIST on MERCURY-FREE,
for yourself and your baby.*

Exercise Your Right of
Informed Consent

**...for your sake and
the sake of your baby.**

- Insist your dentist, obstetrician, and pediatrician use only mercury-free dental fillings / vaccines.
- If you are not given a mercury-free option, find a new practitioner.
(see our website)

**Before You Become
Pregnant:**

- Avoid mercury-containing fillings and vaccines.
- If you already have “silver” (amalgam) fillings, which contain 50% mercury, replace them with resin fillings prior to becoming pregnant. A specially trained, mercury-free/safe dentist will take care to limit your mercury exposure during filling removal.
- Refrain from placement / removal of “silver” fillings during pregnancy.
- Choose only mercury-free vaccines, including the flu shot, for yourself.